Vietnam Health Clinic Info Night

October 3, 2022 & October 12, 2022

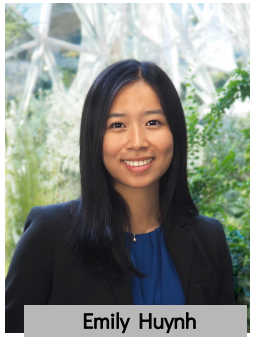
Vietnam Health Clinic (VHC)

VHC is a 501(c)(3) non-profit organization dedicated to improving health care access & services to under-resourced populations of Vietnam, while promoting proactive learning & firsthand experience in primary care for our student members.

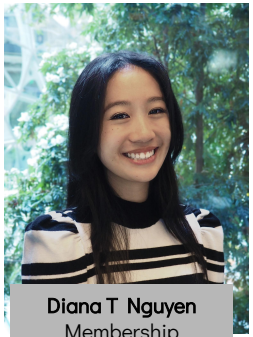
Noah Pham
HP Relations

Susan Luong
Administrative

Sofia Nguyen
Public Relations



Emily Huynh
Development



Diana T Nguyen
Membership

Jolie Phan
Internal Operations

Diana V Nguyen
External Operations

VHC Officers 2022-2023

Hanna Dinh Hsieh, MHA

Ngoc-Diep Pham, PharmD

Kevin Phung, PharmD

Board of Directors

Mylinh Nguyen, PharmD

Alyssa Tran, MPR

Student Affairs Directors

Rachel Dato, MHA

Julie Le

History

GLOBAL BRIGADES MEDICAL
HONDURAS . PANAMA . GHANA

2008

2009

Vietnam Medical Clinic
- Thai Nguyen & Binh Duong: 860 patients

2010

Vietnam Health Clinic
- added Dental
- Hue & Long Khanh: 1865 patients

2011

- gained 501c3 status
- Vung Tau & Long Khanh: 1588 patients

2012

- added Optometry
- Hue: 2200 Patients

2013

- added Public Health
- WSU Partnership
- Can Tho & Soc Trang: 2232 patients

2014

- added Physical Therapy
- Hue: 1947 patients

2015

- Da Nang: 2500 patients

2016

- Vietnam National University partnership
- Hoi An: 1787 patients

2017

History

Nam Giang region
- Established partnership with VNU

2017

2018

Nam Giang region
- UW pharmacy | Medical Residents
- Partnered with VNU to perform patients survey pre-clinic
- Partnered with DN Eye Hospital to provide cataract surgeries
- Restorative dental care

2019

2020

- Hosted first local two-day health fair in Seattle, WA
- Established a COVID-19 vaccine scheduling assistance program
- Hosted 2 COVID-19 vaccine pop-up clinics

2021

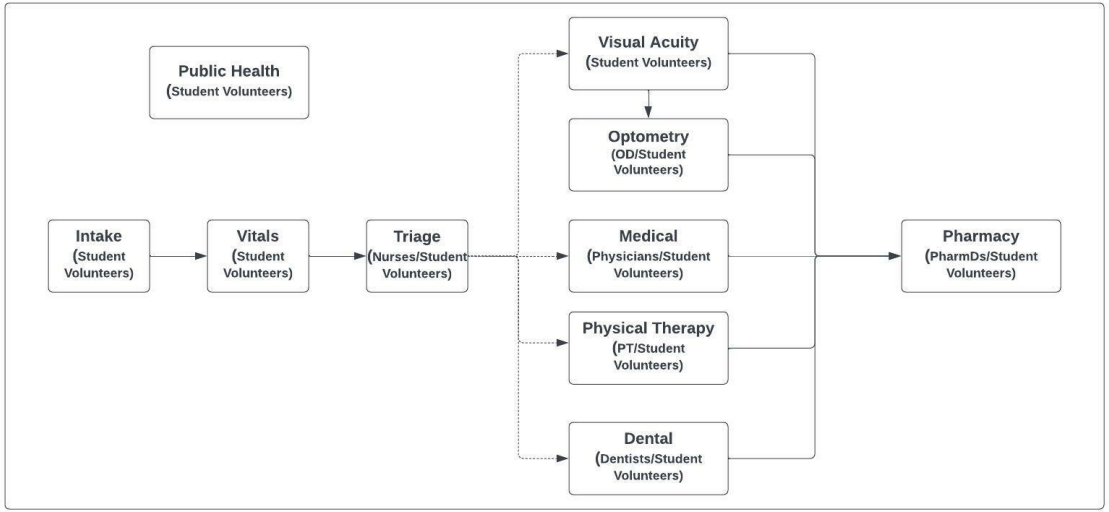
Perhaps **YOU**!

2023

What Do We Do During Clinic?

Clinic Components

1. Intake
2. Vitals & Triage
3. Visual Acuity
4. Optometry
5. Medical
6. Physical Therapy
7. Dental
8. Pharmacy
9. Public Health



Intake, Triage, and Vitals

VITALS: Students collect **clinical measurements** to help direct patients to necessary components & to assist health professionals with diagnoses

TRIAGE: Nurses & students **direct patients** to the appropriate components based on chief complaints

Intake, Triage & Vitals → Visual Acuity → Opto → Medical → PT → Dental → Public Health → Pharm

Visual Acuity and Optometry

- In-depth examination by certified Optometrist
- Assist Optometrists in examination
- Students receive hands-on experience using specialized Optometry instruments & working with patients

Intake, Triage & Vitals — Visual Acuity — **Opto** — Medical — PT — Dental — Public Health — Pharm

The Cataract Project

Medical

<u>THE ROLES</u>
Physician
Interpreter
Scribe

Medical: Students engage in meaningful patient interactions, personal narratives are shared, gain better understanding of population

Intake, Triage & Vitals | Visual Acuity | Opto | **Medical** | PT | Dental | Public Health | Pharm

Physical Therapy

- Interact with patients by demonstrating & performing physical exercises
- Important component since majority of patients are farmers & day laborers
- Provide sustainable care & effectively address major ailment in region: chronic musculoskeletal pain

Intake, Triage & Vitals → Visual Acuity → Opto → Medical → **PT** → Dental → Public Health → Pharm

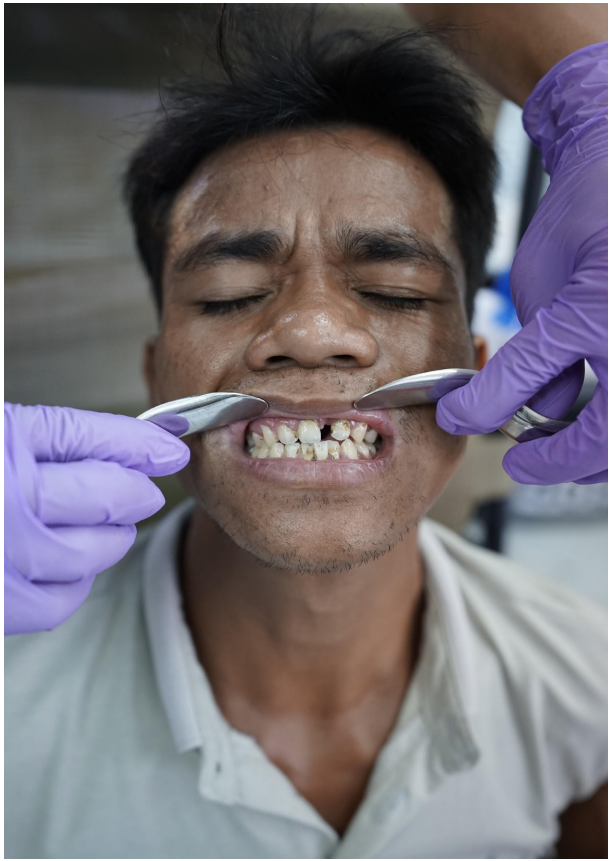
Dental

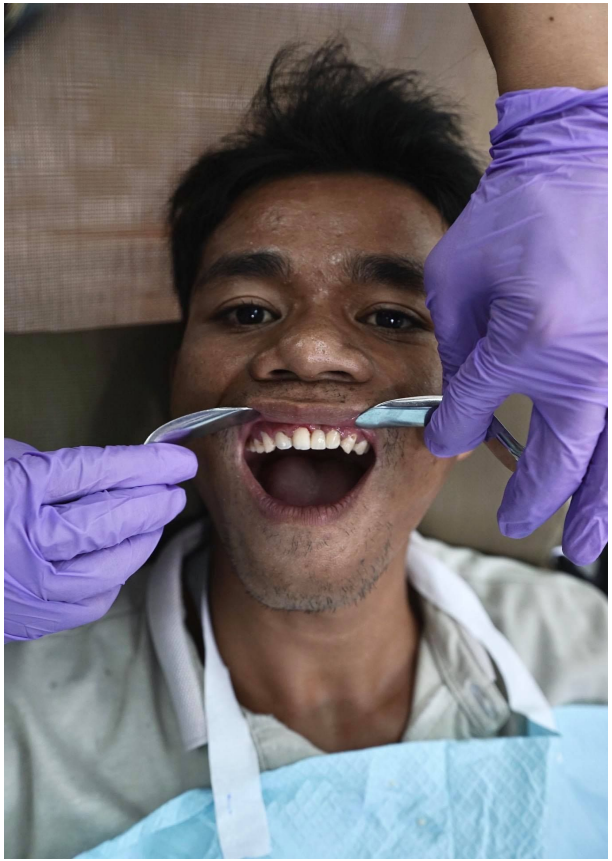
Students gain basic understanding of how to be a **well-rounded dental assistant** by learning how to:

- Identify tools & set-up extraction trays
- Communicate & assist dentist with procedures
- Sanitize & sterilize instruments via autoclave

Intake, Triage & Vitals — Visual Acuity — Opto — Medical — PT — **Dental** — Public Health — Pharm

Dental Cont. Restorative Work





Public Health

- Explain good health practices with verbal & physical demonstrations
- Props & flashcards to educate patients about healthy lifestyle choices
- Encourage patients to take charge of their health & lifestyle choices

Intake, Triage & Vitals — Visual Acuity — Opto — Medical — Dental — PT — **Public Health** — Pharm

Pharmacy

- Consult patients on proper use of medications & resources
- Pharmacists & students organize & distribute medications
- Ensure patients leave with a positive experience

Intake, Triage & Vitals | Visual Acuity | Opto | Medical | Dental | PT | Public Health | Pharm

VHC in Seattle

What Was VHC in Seattle Like?

- Same healthcare components as usual
- VHC's first COVID Vaccine Scheduling Assistance Program
- Two COVID vaccine pop-up clinics
- Two locations: Chua Co Lam and Beverly Park Baptist Church
- Online meetings, in-person mock-clinics

Why Join VHC?

Benefits of Being a VHC Member

Before the trip:

- Fundraising skills
- Project management
- Community/business outreach
- Build connections

Benefits of Being a VHC Member

<u>During the trip:</u>

- Clinical shadowing and hands-on experience
- Practice “hard skills” in health care settings
- Exposure to health disparities that exist in underserved areas of Vietnam
- Cultural enrichment and personal growth

Who Can Apply?

- All current students can apply regardless of major, ethnicity, & Vietnamese proficiency.
- Anyone interested in health care
- 18+ years old before Jan 2023
- Valid passport by Dec 2022
- Must attend weekly meetings in Seattle (do not have to be UW student)

Weekly Meetings

- Weekly meeting (up to 2 hours, Monday time TBD–likely 6-8pm)
- Event planning - Fundraising, Tet in Seattle, Banquet Fundraiser, Volunteering
- Vietnamese lessons
- Keynote Speakers - Healthcare Professionals
- Clinical workshops
- Virtual symposium with students from Vietnam

Anthem Video 2019

Important Dates (Tentative)

- October 17, 2022: Application Opens
- October 31, 2022: Application Closes
- November-December 2022: Interviews
- December 2022: Member Selection Announcement
- Jan 2023 - Jun/Jul 2023: Weekly Meetings
- Jul/Aug 2023: Mobile Clinic
- End of student member term September

QUESTIONS?

THANK YOU!

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